

*Updated August 11, 2019

LAURENCE MANNING DEPARTMENT OF ATHLETICS

MISSION STATEMENT

The mission of the Laurence Manning Academy Athletics Program is to instill in students a commitment to athletic excellence at all levels of participation that will contribute to the development of their individual characters.

STATEMENT OF PHILOSOPHY

The athletic program at Laurence Manning Academy is student-centered and an integral part of the student's total educational experience. LMA believes in a comprehensive physical activity program for all students. The athletic program seeks to promote mental, emotional, and social health in addition to the physical development necessary for an active life. The program is designed to provide positive learning opportunities for each student who participates, to reflect the school's ideas of diversity, continual growth and achievement, and the development of the student's greatest potential. Furthermore, the program's goal is to provide equity among all teams and for all students so that all participants and teams have a chance for success. LMA seeks to cultivate a strong set of values for all student-athletes, such as self-discipline, integrity, sacrifice, commitment, teamwork, team and school spirit, self-confidence, and the development of physical fitness. Decision-making skills, good citizenship, good sportsmanship, and the promotion of individual maturity should also result from athletic participation. These characteristics assist in the development of individual and team attitudes that are beneficial for a successful season and for future life.

Interscholastic sports offer the athlete an opportunity to compete at the highest level, locally and statewide. The school encourages each student to be engaged to the best of his/her ability in the sports of his/her choice. The athlete shall be expected to maintain the same academic standards as any other LMA student.

We live in a world where individual statistics and adulation of a player have become important. Parents are more and more concerned that their child's performance is "in the paper." This focus has greatly damaged the basis for playing a sport. Students should play to be a part of a team, to play for the team rather than ever considering personal reward, and to experience being a part of something more important and bigger than themselves.

We will, of course, put names and records in the paper when appropriate but our primary focus is for student-athletes to play for LMA and for the team. We will discourage inappropriate focus on publicity for individuals. LMA will attempt to provide as many levels of participation as is feasible given adequate facilities, staff, and schedules.

LAURENCE MANNING DEPARTMENT OF ATHLETICS

GOALS

1. Develop improved health and physical fitness.
2. Develop and improve movement skills.
3. Develop desirable social values and attitudes.
4. Develop specialized knowledge, skills, and appreciation of sports.
5. Foster good sportsmanship at all times.
6. Develop highly competitive teams.

LAURENCE MANNING DEPARTMENT OF ATHLETICS

SPORTSMANSHIP

Laurence Manning Academy conducts an extensive interscholastic athletic program in the belief that team experiences contribute significantly to the development of character and school spirit. Sportsmanship and fair play are vital parts of this training.

Coaches, student-athletes, parents, and faculty are expected to dedicate their commitment to controlling their emotions in challenging situations. Respect begets respect. LMA expects our entire school community to be respectful of all on and off the field/court of play.

We play hard, while we respect our opponents and their efforts. LMA athletic teams represent all of us. Spectators represent us as well, so it important that we all practice sportsmanship and fair play. We want visitors to our campus, as well as our hosts when we play at other schools, to notice clearly that there is something special about LMA family.

We encourage and endorse school spirit and the enthusiastic support of parents and friends of the school. Focusing on these topics, we expect adults to uphold the same high standards as the students. Taunting and disrespect for opponents and contest officials are expressly prohibited and will be closely scrutinized by contest officials.

Laurence Manning will not tolerate any spectator, either student or adult, whose behavior is disrespectful toward officials, coaches, players, cheerleaders, or other spectators. Neither will LMA allow any type of spectator behavior that either detracts from the proper conduct of the game or disadvantages a player or team. Thus, all concerned will have the opportunity to look forward to our athletic contests and enjoy them to the fullest extent.

SCISA CODE OF CONDUCT – ARTICLE XIII

Section I: Philosophy – The South Carolina Independent School Association believes that interscholastic athletics are an integral part of the total educational program. High standards of behavior, scholarship, and citizenship are important to a sound athletic program. Students volunteering to participate in athletics must assume the responsibilities of this privilege and are required to meet these expectations. Moreover, adults shall be models of good sportsmanship and will lead by example by demonstrating fairness, respect, and self-control. Athletes, coaches, officials, and fans shall at all times conduct themselves in a reasonable and sportsmanlike manner. Each person will be responsible for his/her words and actions at all SCISA athletic events and will conform his/her behavior in adherence to the Code of Conduct.

Section II: Sportsmanship Expectations

I therefore pledge to be responsible for my words and actions while attending, coaching, officiating, or participating in any SCISA athletic event and shall conform my behavior to the following code of conduct.

1. I will treat any coach, parent, spectator, player, official, or any other attendee with respect regardless of race, creed, color, national origin, religion, sex, or ability.
2. I will not engage in unsportsmanlike conduct with any coach, parent, spectator, player, official, or any other attendee.
3. I will not engage in any behavior which would endanger the health, safety, or well-being of any coach, parent, spectator, player, official, or any other attendee.
4. I will not use drugs or alcohol while at any athletic event. I will not attend, coach, officiate or participate in an athletic event while under the influence of drugs or alcohol.
5. I will not use tobacco (including smokeless types) while at any athletic event.
6. I will not engage in the use of profanity.
7. I will not engage in verbal or physical threats or abuse aimed at any coach, parent, spectator, player, official, or any other attendee.
8. I will not initiate a fight or scuffle with any coach, parent, spectator, player, official, or any other attendee.
9. I will not argue with officials or go through the motions indicating dislike or disdain for a decision.
10. I will not make any degrading remarks about any official, coach, athlete, or school. I will not make any degrading remark or criticism of any official, coach, athlete, or school to the media.
11. I will not detain or attempt to stop an official following a contest to request a ruling or explanation of actions take by the official.
12. I understand that conduct that leads to my removal from an athletic event may be considered a serious violation of the code of conduct.
13. I understand that as a coach or as a school administrator, that the removal of a team before the completion of the game may be considered a serious violation of the code of conduct.
14. I hereby agree that if I fail to conform to the code of conduct while attending, coaching, officiating, or participating in a SCISA athletic event that I will be subject to disciplinary action by SCISA.

Section III: Consequences – Any one or more of the following penalties may be imposed upon any school, coach, spectator or athlete upon a violation of Code of Conduct or Constitution of this association.

WARNING

A warning is official notice that an inexcusable, unethical, unsportsmanlike action is matter of record and any such must not happen again.

PROBATION

Probation is a more severe type of penalty and is for a specified time period. A team on probation shall not play in any playoff, championship, conference tournaments or invitationals.

SUSPENSION

Suspension is a severe penalty which may be imposed for any specified time period during which a team, individual, or coach is not allowed to participate. The suspension may be for one or multiple activities.

FINE

Fines may be levied and may range from \$10.00 to \$100.00 for each infraction or violation. A fine may be levied in addition to one of the above penalties. All fines must be paid within ten (10) calendar days from the date of the letter of notification.

Section IV: Reporting – Violations of the Code of Conduct may be reported by:

- 1 School officials filing a written Incident Report or by submitting a written report detailing the violation.
- 2 Officials filing an incident report or disqualification notice.
- 3 SCISA Officials or representatives.

Section V: Appeals – An athlete, coach, spectator or school always has the right of due process. A notice to appeal an athletic decision must be made in writing within ten (10) days of receipt of the ruling. An appeal must be in the form of a complete written brief containing all pertinent information. The brief must be filed with the SCISA Athletic Office.

Section VI: Pre-Season Meeting – Each school shall conduct at least one pre-season meeting with coaches, parents, and players to present the Code of Conduct and the expectations of good sportsmanship at athletic events. This meeting also provides the vehicle to present school policies, introduce school personnel, discuss the warning of inherent risk associated with athletic participation, and outline team goals and schedules.

Section VII: Designated Representative – Each school is required to provide a designated representative at all athletic events, both home and away. The designated representative will represent the school's administration and will assist with the enforcement of the Code of Conduct. The designated representative cannot be one of the coaches involved in the contest. The designated representative should not have any other responsibilities that may have him/her unavailable when requested by the officials. The designated representatives will meet the officials at least (5) five minutes before the start of the contest. They will notify the officials where they will be seated. They

will assist the officials without hesitation when requested. The Host School is in charge of all spectators.

Section VIII: Uniformed Police Officers/ Event Security

1. Class AAAA Varsity Football and Varsity Basketball Games: The Board of Directors voted to require that all Class AAAA schools will provide a uniformed police officer at all varsity football and basketball games when the opponent is another Class AAAA school.
2. SCISA recommends that uniformed police officers be used at all contests.
3. If probable cause exists that a problem may arise at a contest, the Athletic Office can request, and the host school will provide, adequate uniformed police protection.

Section IX: School Responsible for Conduct of Players, Fans, and Coaches

Each school is responsible for the actions and conduct of its coaches, athletes, and fans before, during, and after the game. In case of unsportsmanlike conduct on the part of the coaches, school officials, players or spectators of a school, the school will be subject to discipline by the Athletic Committee. All FINES will be directed to the offending school. The school will be responsible for paying of any fine within ten (10) days of receiving notification of the fine.

Section X: Handling a Fracas

Should a fracas begin, only members of the coaching staff will go on the field/court to stop the fracas. All substitutes and other team personnel are to remain in the team area. The officials are instructed to stay in control of the contest and not allow a fracas to begin, but once one has begun, they cannot get physically involved. Any athlete who leaves the team box or bench area and enters the field or floor area will be disqualified. All cameramen should be instructed to continue filming. This film will be vital to the Athletic Committee's investigation of the incident.

Section XI: Procedures for Interschool Complaints

1. All violations of the Constitution or the Code of Conduct of this association must be reported in writing to the Athletic Office.
2. Such violations, if possible, should be resolved directly between schools. The Athletic Office will be happy to assist in the resolution. The Athletic Committee reserves the authority to review all cases to ensure that such violations have been dealt with properly.
3. If direct school to school contact with the assistance from the Athletic Office fails, then the matter will be brought before the Athletic Committee at their next, regular scheduled meeting. Each school must submit a written brief containing all known facts pertinent to the incident. This information should be complete to the point that it will be possible to reach a valid decision without further investigation. The written brief must be submitted at least five days prior to the Athletic Committee Meeting through the Athletic Office. The Committee may require the presence of any or all of the parties involved. All parties involved will be offered an opportunity to appear before the Committee.
4. The Committee shall make such rulings as it deems appropriate under the circumstances.

SCISA GUIDELINES for PENALTIES and FINES - ARTICLE XIV

During a school year, situations may arise involving the rules and regulations pertaining to the rules of the game, eligibility, required forms, schedules, entries to tournaments, and unsportsmanlike

conduct are considered by the Athletic Committee. In order to avoid inconsistencies and to assist the Athletic Committee in being uniform in its dealings within the Association, these guidelines have been established. The Athletic Committee has the authority to raise or lower a fine depending upon the severity of the offense.

Section I: Ejections/Disqualifications of Players and Coaches Conduct that leads to an ejection/disqualification will be considered as serious unsportsmanlike conduct. Depending upon the severity of the offense, a player or coach may be warned, fined, suspended, or placed on probation. These offenses are cumulative over the student's career. The disqualification of a coach will be considered on a case by case basis. Note: SCISA acknowledges that in some areas of player safety, that a player may be disqualified from a contest for a safety rule violation (example: jewelry violation or batting helmet violation after team warning). This type of situation may not carry any additional penalty. As in all cases, it will be thoroughly reviewed by the Athletic Office.

A. Schools are required to file a Form

B. Disqualification/Incident Report on all disqualifications/ejections.

GUIDELINES for a PLAYER DISQUALIFICATION/EJECTION from an ATHLETIC EVENT

FIRST OFFENSE: A fine up to \$100 and an official warning. If the disqualification is for unsportsmanlike, or flagrant illegal conduct, it will also carry a one game suspension

SECOND OFFENSE: A fine up to \$200 and suspension until an appearance before the Athletic Committee or SCISA staff.

THIRD OFFENSE: This will result in the termination of eligibility (reinstatement may only be granted by the Athletic Committee).

Disqualification/Ejection Procedure:

1 In the event of a disqualification/ejection, SCISA should receive a disqualification/ejection report from game officials and Form B filed by the school.

2 A student or coach shall always have the right of due process. The school may file an appeal of the disqualification/ejection if the school can produce evidence that either the wrong person was identified or that a rule was misapplied.

3. If a player is to be suspended for one game, it may not necessarily be the next game. Note: Any school or coach that permits any suspended coach or athlete to participate in any athletic contest in violation of the suspension will be suspended.

Section II: Participation by an Ineligible Student

A student is defined ineligible due to: academic status, age and/or grade requirement, league suspension, participation in two games in one day other than those outlined in the appropriate rule section or any other student or team eligibility requirement.

PENALTY: a one hundred dollar fine can be issued for each violation and all games the student participated in are forfeited.

Section III: Guidelines for Fines Ten Dollar Fine

1 The party responsible for a schedule change after schedules have been filed in the Athletic Office (football, basketball, baseball, and softball). This fine is paid directly to the Officials Booking Director.

2 If a school does not receive an assignment of officials the day prior to a scheduled game, the District Director will be responsible. This does not include necessary changes of officials.

Twenty-Five Dollar Fine

1 A school places the name of an ineligible student on a Certificate of Eligibility and the student does not participate. Any student in uniform and permitted in the team area is considered to have participated.

2 Minor unsportsmanlike conduct by players, coaches, or fans.

3 Failure to file a schedule on or before the deadline to the Athletic Office.

4 Failure to file a Certificate of Eligibility on or before the deadline. This fine could be more severe if a game(s) is played although all players are technically eligible.

Fifty Dollar Fines

1 Failure by a school to submit a Certificate of Eligibility prior to participation in a contest. This includes inadvertently omitting a name.

2 A second offense during a school year of an offense listed for a \$25 fine.

3 Failure to have a representative at a State Rules Clinic (football/basketball/baseball/softball/volleyball).

One Hundred Dollar Fines

1 A school permits an ineligible student to participate. A student is defined ineligible due to: academic status, age and/or grade requirement, league suspension, participation in two games in one day other than those outlined in the appropriate rule section. A one hundred dollar fine can be issued for each violation. Also, all games are forfeited.

2 A school permits a student to practice/play without a completed physical and/or parents' permission form.

3 Serious unsportsmanlike conduct of players, coaches, or fans. This includes a coach ejection.

LAURENCE MANNING DEPARTMENT OF ATHLETICS **GENERAL POLICIES**

1. SCISA rules will govern all sports sanctioned by the association.
2. Students should not be unduly influenced to participate in a sport or to participate in one sport over another. LMA cannot get involved in sports specialization. All coaches and all teams should enthusiastically promote the overall LMA Athletic Program.
3. Games or scrimmages may not be held on Sundays.
4. Voluntary practices may be held periodically on Sundays with the approval of the Athletic Director. A team that is participating in a region tournament or state tournament on the following Monday may practice on a Sunday. A player cannot be punished for missing a voluntary Sunday practice.

5. While school is in session, students are not permitted to drive their cars to practices before 2:45 p.m.

6. Athletic Medical Release and Code of Conduct Forms— All students participating on competitive athletic teams must turn in a completed medical health and code of conduct forms. Any student that does not have a current form on record will not be permitted to participate until all of the necessary paperwork is completed. These forms should be turned in to the Athletic Department.

7. Athletic Eligibility: In order to participate in interscholastic athletics, a student must pass half of their academic courses each grading period. This eligibility is determined on the day report cards are issued. We firmly believe that if a student is too sick to attend classes, the student should not participate in athletics, including practice, for that particular day. If a student has a valid medical excuse or a valid non-academic commitment, approved in advance by the Athletic Director, the student may participate in the daily athletic activity. The student must present the excuse to the Main Office or coach before practicing.

8. If a student-athlete is dismissed from a team or voluntarily leaves a team before the end of that season, he/she may not compete, practice, or workout with another team during that season, nor can that student-athlete compete, practice, or workout with next season's team before the current season has ended. For example, if a basketball player quits during the winter season, he may not work in any way with the soccer team until the winter season of that basketball team is officially over.

9. A student-athlete involved with a team whose season is still in progress may not practice with the next season's team until that current season has officially ended, unless special arrangements have been made with the head coach of the team whose season is in progress. Any type of special arrangement must get A.D. approval before it ever becomes a reality.

10. A student-athlete involved in B-Team Baseball or B-Team Softball concludes his/her season upon completion of their respective team's regular season schedule. B-Team Baseball and B-Team Softball players are not allowed to move up to the Junior Varsity or Varsity levels after completion of their regular season. Middle School team Baseball players (not B-Team) may be allowed to come up with JV baseball at the conclusion of their regular season with the permission of the A.D. No middle school players will be allowed to be pulled up to Varsity level. No 7th graders will be allowed to move up at the end of the regular season. If JV made cuts at the beginning of the year, no middle school players will be allowed to join the JV squad.

11. A student-athlete involved in B-Team Girls Basketball and B-Team Boys Basketball may only move up to the Junior Varsity level if no cuts were instituted at the Junior Varsity level or if an injury/dismissal occurred that opened an available place on the team.

12. A student-athlete can only move up from one athletic level to the next. Example: A B-Team Basketball player can only move to the Junior Varsity level not up to the Varsity level.

13. Coaches may select the players they wish to move up to the next athletic level only with the approval of the Athletic Director at the end of a team's regular season or tournament (Exception is B-Team Baseball and B-Team Softball). All players in a particular grade level are not automatically invited to move up to the next athletic level. Only those players deemed ready to move up to the next athletic level will be invited by the coach to move up. This rule applies primarily to student-athletes moving up from the B-Team level to Junior Varsity or from the Junior Varsity level to the Varsity level.

14. All concerns related to athletics will be fielded by the school's Athletic Committee. The committee will not field any questions related to playing time!

Complaints will be registered in the following order:

1. The complaint will be registered by the parent to the coach in question.
2. The parent, if not satisfied with the answers given by the coach with their initial meeting, will then meet with the A.D. and the coach in question.
3. If the parent is still not satisfied with the answers given in the second meeting, then the parent may request a meeting with the school Athletic Committee.
4. All final decisions related to athletics will be made by the Athletic Committee.
5. The Headmaster or A.D. will not field any concerns about athletics unless the above listed criteria has been exhausted.

INTERSCHOLASTIC ATHLETICS

Laurence Manning Academy offers a broad spectrum of competitive sports ranging from those requiring years of experience and skill to those that can give a competitive experience to a beginner. We hope the guiding principles can help students choose a positive athletic experience.

Fall Sports & Max Members in (-)

- Varsity Football (B): Grades 9-12
- Junior Varsity Football (B): Grades 8-9
- B-Team Football (B): Grades 6-7
- Cub Football (B): Grades 3-5
- Girls Golf (G) Grades 7-12
- *Varsity Volleyball (G): Grades 8-12 (14)
- *Junior Varsity Volleyball (G): Grades 7-10 (14)
- *Varsity Tennis (G): Grades 8-12 (10)
- *Junior Varsity Tennis (G): Grades 7-10 (10)
- Varsity Cross Country (G & B): Grades 8-12 (14)
- *Varsity Cheerleading (G): Grades 9-12 (24)
- *Junior Varsity Cheerleading (G): Grades 8-9 (24)

- B-Team Cheerleading (G): Grades 6-7
- Cub Cheerleading (G): Grades 3-5
- Girls Golf (G): Grades 6-12

SM

Varsity and Junior Varsity Cheerleading will have tryouts in May for the fall sports season and again in October for the winter sports season.

Winter Sports

- *Varsity Basketball (G & B): Grades 8-12 (12)
- *Junior Varsity Basketball (G & B): Grades 8-10 (12)
- *B-Team Basketball (G & B): Grades 7-8 (12)
- *Varsity Cheerleading (G): Grades 9-12 (24) Split Squad
- *Junior Varsity Cheerleading (G): Grades 8-9 (24) Split Squad
- *Varsity Sportsman (G & B): Grades 6-12
- Bowling (G&B): Grades 6-12

Spring Sports

- *Varsity Baseball (B): Grades 8-12 (14)
- *Junior Varsity Baseball (B): Grades 7-10 (14)
- *Middle School Baseball (B): Grades 7-8 (14)
- *B Team Baseball (B): Grades 7-8 (14)
- *Varsity Softball (G): Grades 8-12 (14)
- *Junior Varsity Softball (G): Grades 7-10 (14)
- *B-Team Softball (G): Grades 7-8 (14)
- *Varsity Soccer (G & B): Grades 8-12 (14)
- Varsity Track (G & B): Grades 8-12
- *Varsity Golf (G & B): Grades 8-12 (14)
- *Varsity Lacrosse (G & B): Grades 8-12
- *Middle School Lacrosse (G & B): 6-8

*Sports where tryouts may be conducted with “cuts” having to be made.

Total team members numbers are illustrated in parentheses.

If numbers are low for a certain team, such as JV Boys or Girls’ Basketball, Volleyball, and Soccer or we have an “exceptional” young athlete; eighth graders may be eligible to compete at this level at the discretion of the Athletic Director and the Administration. The School Administration and Athletic Department reserves the right to increase or decrease both the grade levels that may participate in a sport and the total number of players on a team in any individual sports in which cuts are offered.

Varsity Teams

Membership on a high school varsity team generally requires several years of experience in the sport. **This level is very competitive with the goal of vying for state championships.** Varsity team members usually engage in a season of conditioning and strength training in addition to the competitive season. LMA schedules many of the strongest teams in the private and the public school leagues.

Certain sports, such as football, basketball, volleyball, and soccer, may require attending a team-camp off-campus. So, students should always be mindful of the level of commitment and sacrifice it takes to be a part of a varsity squad. Coaches should also communicate the requirements expected for team members in the off-season and in-season.

Fall sports, such as football, cross country, volleyball, girls' tennis, and cheerleading, will begin practice before school starts. So, students and parents need to adjust their calendars and coaches need to notify the students when practices will start well in advance.

Junior Varsity Teams

Participation at this level is for girls and boys who are not yet physically ready or experienced for varsity competition. **JV teams are striving for maximum skill development, competitiveness, and winning seasons.** These teams are essential parts of the construction of the varsity's success in the future.

Certain junior varsity teams in the fall, such as football, volleyball, tennis, girls' tennis, and cheerleading, may begin before school starts. So, students and parents need to adjust their calendars and coaches need to notify the students and parents when practices will start well in advance.

Middle School Teams and Middle School Athletes

At the middle school level, emphasis is on skill development and participation while also striving for winning seasons. Certain sports, such as basketball and baseball, may not be able to accommodate all students who tryout. The Athletic Department will do its best, within its means, to find qualified coaches and opponents for these athletes.

At all levels, LMA does not adhere to an "all players get equal playing time" policy, but our coaches are considerate to each youngster on each squad and will make each child have a meaningful role on a respective team.

SCISA ATHLETIC ELIGIBILITY RULES

The primary purpose of school is participating in one's own EDUCATION. The participation in athletics is a privilege for students who are in good academic standing. An ineligible student-athlete is not allowed to participate in any type of team practice or to participate in any type of game competition against another school. "Dressing out" and/or being in the team bench area are considered to be forms of participation.

1. A student is ineligible if his/her nineteenth birthday is before September 1 of the current school year. The Athletic Committee may not set aside the age rule.
2. A student must take, pass, and receive credit for at least four one-credit, core subjects, or their equivalents (courses which have not been previously passed) each 6/9/12-week marking period, excluding courses taught by the Home School Method. If the student does not meet standard, he/she will not be eligible during the next 6/9/12-week marking period.
3. Eligibility is to be delayed at 12:01 a.m. on the Monday following the issuance of report cards.

Note: If a nine-week marking period begins during a season already in progress (example: basketball or baseball) the decision as to whether or not a student who becomes eligible will be allowed to join a team in "mid-season" will be left up to the discretion of the particular coach or coaches involved.

4. A student must have received credit for at least half of their one-credit courses from the previous school year to be eligible for the first 6/9/12-week marking period. Credits earned during summer sessions may be accepted from an accredited school.

5. Eligibility during the current school year will be determined by the first quarter/first semester/third quarter grades.

6. A student must attend a full academic day in order to participate in a practice or to play in a game on any given day. All class absences must be excused absences. We firmly believe that if a student is too sick to attend classes, the student should not participate in athletics, including practice, for that particular day. If a student has a doctor's appointment (or other non-academic commitment), the student must still attend a minimum of three classes in order to participate in any daily athletic activity.

7. A student must be in grade seven or above to participate.

8. The Eight-Semester Rule: All students will have eight consecutive semesters of eligibility beginning with the first year that they enter the ninth grade public or independent school. Exceptions to the Eight-Semester Rule will only be granted by the Athletic Committee for a documented, temporary, or traumatic, medical or psychological condition which prohibited the student from performing the requirements necessary to pass.

Eight-Semester Waiver – Examples that would be considered:

1. A student had a health problem caused by an illness which prevented their attending school sufficiently to pass.
2. A student had a health problem caused by an accident which prevented their attending school sufficiently to pass.
3. Student X is a good student and played football during his twelfth grade and was involved in an auto accident on Thanksgiving and was unable to complete the remainder of his senior year. He recovered from his injury during the summer and returned to school to complete his senior year and requested a waiver of the semester rule. Student X could be allowed eligibility beginning with the date of the accident.

Eight-Semester Waiver – Examples that would not be considered:

1. A student was unable to make satisfactory progress and had to repeat a grade.
2. A student that had an injury that prevented his/her participation in athletics but did not prevent attendance at school.

3. A student transfers from one school to a school with higher standards that caused the student to repeat a grade.
4. A student's basis for waiver is:

- A death in the immediate family.
- Parents had marital problems.
- A learning disability or difficulty.
- The student was “immature” and was held back.

5. A student who repeats a grade below the ninth grade level after having passed that grade would not be eligible during the year that is repeated. To be eligible, a student must take and be passing four credit courses or their equivalent for which no previous credit has been given.

Example: Student A passed the eighth grade but his parents decide that he should repeat the grade. Student A would not be eligible during the second year that he was in the eighth grade.

6. A request for a waiver will be considered at the time that the facts have been determined.

Example: Student A was unable to attend school during the tenth grade because of an extended illness. A request for a waiver could be made and considered as soon as he recovers. All requests for waivers must be made in writing by the Headmaster.

Requests for waivers concerning the Eight-Semester Rule must contain the following:

1. A written request from the school.
2. A copy of: A. birth certificate; B. transcript.
3. A copy of the appeal brief including sufficient data to make it possible to reach a decision without further investigation.
4. A request to personally appear before the Athletic Committee.

The decisions of the Athletic Committee (whether appealed to the SCISAA Board of Directors or not) to grant a waiver shall not be considered as setting a precedent for other cases of somewhat similar nature.

SCISA ATHLETIC ELIGIBILITY RULES – TEAM

1. Member schools become eligible for tournaments or championships by participation in the regular schedule as set forth in each activity. A student is ineligible to participate in athletics if his /her nineteenth (19) birthdays is before July 1 of the current school year.
2. A student may participate in only one football game each calendar week and in one basketball game each day. A student must have played in more than one-half of the Junior Varsity basketball games to be able to play in a conference Junior Varsity Tournament. Exception: A player becomes eligible after the start of the basketball season. No student shall participate in two games of the same sport on the same day unless the contests are doubleheaders in volleyball, baseball, or softball.

Example: A student cannot participate in a Junior Varsity/B-Team basketball

game and Varsity contest on the same day. Participation is defined as dressed in the team uniform and in the team area or named in the scorebook.

3. In order to participate in Junior Varsity athletics, a student must not have reached

his /her sixteenth (16) birthdays before July 1 of the current school year. In order to participate in Junior Varsity football, a student must also be in the ninth (9) grade or below.

4. In order to participate in Middle School athletics, a student must not have reached his /her fifteenth (15) birthdays before July 1 of the school year. Exception: BTeam Football. A student must not have reached his fourteenth (14) birthday before July 1 of the school year.

LAURENCE MANNING DEPARTMENT OF ATHLETICS
ATHLETIC TEAM TRYOUT GUIDELINES

If tryouts are necessary, coaches will follow these guidelines:

1. Inform parents and students when and where tryouts will be held. A sign-up sheet for those trying out will be posted either on the coach's classroom/office door or the athletic department's door. This sheet is necessary to see how many students will be at tryouts on the first day.
2. Inform all players regarding criteria for evaluation. Example: In baseball/softball, students will be evaluated on their ability to run, throw, field, and hit.
3. In the fall and winter, tryouts will be conducted on the first three days of organized practice. Each player will have a minimum of three days to show his/her skill level. In case of an excused illness, that student will be given three days of tryouts upon his/her return to school.
4. Because of the month-overlap between the winter and spring seasons, it is rarely possible to have the whole team together for the official start of the spring sports season. In the case that tryouts cannot be held with all potential team members present. Tryouts can be held on an individual basis. In some cases because of the overlap between winter and spring seasons, full-scale tryouts may not begin until basketball season is totally over, which for varsity means March and for junior varsity means mid-February. There is a possibility that a student, who is trying out for a baseball team and not participating in any winter sport, could go through numerous baseball workouts but still not make the team. This can happen, because students who are playing basketball in the winter may simply be better at baseball, but they cannot come out until their basketball season is officially over or unless some special arrangement has been made for an individual tryout which has been approved by the winter coach, the baseball coach, and the A.D..

LAURENCE MANNING DEPARTMENT OF ATHLETICS
PRE-SEASON PRACTICE

1. A coach may supervise a pre-season *(varsity players only) strength and conditioning program up to three (3) times per week. Working with several players on "sport specific" fundamentals as part of the strength and conditioning program is acceptable.

Sunday practices are prohibited. Exception: Region and state tournaments, such in basketball, may have Monday games scheduled, so a practice on the Sunday before can happen, but must be approved by A.D. well in advance and

the students must be informed in advance. Coaches must respect the religious beliefs of their athletes and their families; students should not be penalized if unable to attend because of their faith.

2. Holiday Practices:

- Thanksgiving: No practice on Thanksgiving Day.
- Christmas Holidays: There will be a gym schedule with each team given a particular time. Basketball coaches are encouraged to work together on gym times.

Be considerate of Parent's travel.

Practice is not allowed on Christmas Eve, Christmas Day or New Year's Day.

3. If an athlete is participating in an in-season sport at LMA (Example: spring soccer) and an out-of-season sport (Example: spring AAU basketball), the in season sport at LMA takes precedence and the coach of the out-of-season sport will require the athlete to compete in the in-season sport if there is a conflict.

4. Each athlete may participate in one "team" camp per sport over the summer. These "team" camps will be funded by the individuals going to the camp, not the school (Example: If the cheerleading squad is going to "team" camp, the members of the squad must pay their own fees just like basketball players going to "team" camp have to.).

5. No out-of-season activities will be funded by LMA.

REMINDERS to STUDENT-ATHLETES:

A. LMA does not have the enrollment to support "sport specialization."

B. Students should be encouraged by all coaches to compete for LMA and not for off-campus organizations.

The above-mentioned information allows every team and every coach the opportunity to compete on an equal basis and promotes the overall Laurence Manning Athletic Program.

C. Any student athlete who cannot attend practice or a game must notify the coach in person, by note, or by a phone call. Practice can only be missed with permission from a coach or a doctor. Missing practices may cause an athlete not to play in games.

D. A student athlete must attend practice to observe even though he may not be able to participate unless excused by a coach, physician or parent. (Example: a student athlete with a broken arm can still review films, observe plays, and participate in skull sessions). However, a student who is too sick to attend school, or who has a contagious illness, should not attend practice. This should be discussed with your coach.

E. If requested by the head coach, athletes will be expected to make up all missed practices. These practices will include all fundamental work and conditioning that was missed.

F. A student athlete who has been injured and/or under a physician's care must bring a statement from the physician that the student athlete is ready to return to practice and/or game participation.

Any limiting condition must be clearly stated in the letter. This is for the protection of the student athlete.

LAURENCE MANNING

DEFINITION OF EXCUSED: Sick with doctor's excuse, death in family or an extreme emergency.

TRAVEL

All teams will travel together. This means ALL STUDENT ATHLETES go with the team and come back with the team unless permission to deviate is requested IN WRITING ahead of time. Extenuating circumstances may require a student athlete to return with their parents. No student athlete may ride home with a parent of someone else unless it is an emergency or approved by the athlete's parent.

ATHLETIC FEES & DUES

All athletes participating in B-Team level sports through Varsity level sports are required to pay the athletic fee, on or before the due date, that is set by the athletic office. Failure to complete the requirement means that the student athlete(s) in question will be held out of team meetings, workouts, practices, contests, and any other team activity until the requirement is met in full.

- Athletic Fees 2023-2024
 - \$150.00 for all helmeted sports (Football and Lacrosse)
 - \$125.00 for all additional sports
 - \$50 for each additional sport. For example, if a child plays tennis and runs track their athletic fee will be \$175.00. If a child runs track, plays football, and basketball their athletic fee will be \$250.00

CONDUCT DURING NATIONAL ANTHEM, PLEDGES, PRAYERS, AND SPECIAL MOMENTS:

It is a choice and privilege, not a right, for students to participate in extra-curricular activities and athletics. Laurence Manning Academy feels strongly that our students, teams, organizations and their coaches/advisors should stand in unity and respectfully to honor our nation's military and veterans during the playing of the National Anthem and for the reciting of the Pledge of Allegiance. The same respect is expected for all forms of prayer and reverence as well.